



balancing life's demands

**BIBLICAL PRIORITIES
FOR A BUSY LIFE**

CHIP INGRAM



**the peace
and power of
a prioritized life**

PART 1

SESSION

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**³³But seek first his kingdom and his righteousness,
and all these things will be given to you as well.**

MATTHEW 6:33 (NIV)

six symptoms of misplaced priorities

1. _____ – The Activity Trap

**“Emotion is no substitute for action and action
is no substitute for productivity.”**

DAWSON TROTMAN

2. _____ stress and pressure

Can end up in burnout, breakdown or blow up

3. Low grade _____

4. _____ debt

5. _____ –“leakage in your devotional life”

6. _____ behavior

an overview of biblical priorities

Sometimes the structure of a book can tell you as much as the content.

Topic	Colossians	Ephesians
God	3:1-7	5:1-20
Mate	3:18-19	5:21-33
Family	3:20-21	6:1-4
Work	3:22-4:1	6:5-9
Ministry	4:2-6	6:10-20

Don't think of priorities as "_____"

Jesus answered, "Everyone who drinks this water will be thirsty again, ¹⁴but whoever drinks the water I give him will never thirst. Indeed, the water I give him will become in him a spring of water welling up to eternal life."

JOHN 4:13-14 (NIV)

²³Watch over your heart with all diligence, for from it flow the springs of life.

PROVERBS 4:23 (NASB)

The urgent is rarely important and the important is rarely urgent.

DWIGHT EISENHOWER

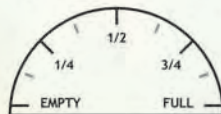
TALK IT OVER

1. Of the six symptoms of misplaced priorities that Chip mentioned, which one do you struggle with the most? Why?

2. Where does life feel most out of balance right now?

3. The first symptom Chip talked about was busyness. Describe your pace of life and busyness over the last 60 days. Is it out of control? Manageable? Exhausting? Healthy?

4. On the dashboard of your life, how would your emotional and financial gauges read? Place a mark on each gauge that honestly depicts where you are today. Then, share with the group why you marked your gauges as you did.



5. What one step could you take that would make you even healthier (and less stressed) when it comes to emotions and/or finances?

6. Dwight Eisenhower said “The urgent is rarely important and the important is rarely urgent.” What important (not urgent) priority do you need to focus on?

7. Jesus said ³³But seek first his kingdom and his righteousness, and all these things will be given to you as well. Matthew 6:33 (NIV)

For you, what does “seeking first the kingdom” look like?



Have an unhurried conversation with a spouse or friend this week about “what’s most important” and “what gets in the way” of living for what’s most important.